

# Healthy Holidays

## Ingredients

8 Ounces Water

1 Chai tea bag

1 Cinnamon Stick  
(Optional)

IP Ready-to Serve  
Vanilla Drink

## Chai Tea

### Directions

1) Pour 8 ounces of heated water into mug with 1 Chai tea bag and cinnamon stick.

2) Steep for 2-4 minutes or, to desired strength.

3) Remove tea bag. Stir in IP Ready-Made Vanilla (use cinnamon stick as stirring stick).

