IDEAL PROTEIN
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GRILLIN' & CHILLIN' RECIPE DAYS

Chocolate Chip Cookies

Ingredients:

1 Ideal Protein Chocolate Caramel Mug Cake Mix

1 tsp. Baking powder

1 tsp. Sugar-free sweetener

1/2 tsp. Cinnamon

3 Tbsp. Liquid egg whites

2 tsp. Olive oil

1/4 tsp. Vanilla

Directions:

1. Mix all ingredients together.
2. Thin batter with 1 oz of water if it is too thick to stir.
3. Drop by spoonful one inch apart onto greased cookie sheet or stone. Should be able to make 4-6 cookies
4. Bake 6 minutes at 350 degrees Farenheit
5. Allow cookies to sit on cookie sheet/stone for about 5 minutes to solidify.

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